

Wellness Health Retreats Privacy Policy

Our contact details

Name: David Behan trading as Wellness Health Retreats

Address: 28/30 Pembroke Street Upper, Dublin, DO2 NT28 Ireland

Phone Number: +353 (87) 709 2004

E-mail: david@wellnesshealthretreat.com

Website: www.wellnesshealthretreat.com

The type of personal information we collect

We currently collect and process the following information:

- Personal identifiers, contacts and characteristics (for example, name, address, phone number, email address, date of birth, occupation)
- Case history and symptoms, GP and medical information,

How we get the personal information and why we have it

Most of the personal information we process is provided to us directly by you for one of the following reasons:

- Taking a complete case history in order to treat you at our clinic or during one of our Wellness Health Retreats.

[If applicable] We also receive personal information indirectly, from the following sources in the following scenarios:

- Where you might have signed up to an offer on our website.

We use the information that you have given us in order to build a client record.

We may share this information with appropriate health care providers if required.

Under the General Data Protection Regulation (GDPR), the lawful bases we rely on for processing this information are: **(a) (c) (f)**

(a) Your consent. You are able to remove your consent at any time. You can do this by contacting david@wellnesshealthretreat.com

(c) We have a legal obligation.

(f) We have a legitimate interest.

How we store your personal information

Your information is securely stored in our Dropbox and in our Customer Relationship Management (CRM) system.

We keep all the personal information we gather from you for 8 years. After which time, we will then dispose your information by deleting it from our Dropbox and CRM. We do not keep paper records.

Your data protection rights

Under data protection law, you have rights including:

Your right of access - You have the right to ask us for copies of your personal information.

Your right to rectification - You have the right to ask us to rectify personal information you think is inaccurate. You also have the right to ask us to complete information you think is incomplete.

Your right to erasure - You have the right to ask us to erase your personal information in certain circumstances.

Your right to restriction of processing - You have the right to ask us to restrict the processing of your personal information in certain circumstances.

Your right to object to processing - You have the the right to object to the processing of your personal information in certain circumstances.

Your right to data portability - You have the right to ask that we transfer the personal information you gave us to another organisation, or to you, in certain circumstances.

You are not required to pay any charge for exercising your rights. If you make a request, we have one month to respond to you.

Please contact us at **david@wellnesshealthretreat.com** if you wish to make a request.

How to complain

If you have any concerns about our use of your personal information, you can make a complaint to us at **Wellness Health Retreats, 28/30 Pembroke Street Upper, Dublin, DO2 NT28 Ireland.**

You can also complain to the ICO if you are unhappy with how we have used your data.

The ICO's address:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Helpline number: 0303 123 1113

ICO website: <https://www.ico.org.uk>